

FAMILY MEDICINE

Chair – Michael Sitorius, M.D.

Medical Student Education Director – Mindy Lacey, M.D.

Senior Medical Education Director – Susan Evans, M.D.

Scheduling Educational Coordinator – Vanessa Wilcox

Room 2544A MSB

402-559-7064

The objective of this department is to prepare students to carry out their functions as leaders and coordinators of health care teams as they provide access to the health system and assume continuing responsibility for the management of patients over a long period of time. More specifically, the program is designed to do the following:

The student will:

1. Experience a family medicine model of practice, which will infuse the student with a philosophy of family medicine and an understanding of the role of the family physician.
2. Acquire excellent skills in diagnosis, treatment and management of patients and technical procedures appropriate for family medicine.
3. Develop the knowledge and appropriate depth in various fields of medicine encompassed by family medicine.
4. Practice the knowledge and appropriate depth in various fields of medicine encompassed by family medicine.
5. Study research modalities and methodology in problems relating to the delivery of health services.
6. Develop life-long habits of learning and an understanding of the role of continuing education in maintaining professional excellence.
7. Encourage students to consider a career in rural family medicine.

Electives offered are directed at offering varying experiences in Family Medicine for those interested in the career field or others who are choosing more restricted fields and wish to broaden their experiences.

ADVISORS

Susan Evans, M.D.

Jeff Harrison, M.D.

Kimberly Jarzynka, M.D.

Mindy Lacey, M.D.

Aaron Lanik, M.D.

FMED 719 NUTR IN PATIENT CARE 4 Credit Hours

ELECTIVE

Arranged with Jolene Wees at 402-559-9327. This selective is an in-depth, comprehensive study of the role of nutrition in patient care in both the outpatient and inpatient clinical settings. Proper nutrition plays a role in the prevention of chronic disease, the promotion of good health, and supports healing for sick and malnourished patients. Poor nutrition habits can lead to malnutrition or obesity and increase the risk of diseases such as diabetes, heart disease and cancer. This course reviews and builds upon nutrition instruction from the basic science years and provides clinical opportunities to enhance nutritional assessment, counseling, and management skills. Objectives: After completing the selective, the student will: Have a greater appreciation of the role nutrition plays in health and disease. -Be able to discuss the current basic science aspects of important nutritional problems. -Be more competent in diagnosing, treating, and managing patients with nutrition problems. -Have a greater awareness of community resources for patients with nutrition problems. -Have an increased understanding of evidence-based pharmacological nutritional therapy. Learning Activities : -Inpatient nutritional support: enteral/parenteral nutrition -Outpatient chronic disease management: diabetes mellitus, cardiovascular disease, renal disease, and obesity -Self-directed learning and assessment utilizing online Nutrition in Medicine modules -Patient case study presentation including interview and background research -Lectures: Normal nutrition across the lifespan and motivational interviewing cases -Visits to community resources -Culinary nutrition class and lab at Metro Community College Culinary Institute -Weekly discussion with faculty. Prerequisite: Pre-arrange with Jolene Wees at 402-559-9327 prior to July of the senior year.

Instructor: COM: Susan Evans, M.D. SAHP: Corri Hanson, Ph.D., R.D.,

Megan Timmerman, M.P.A., R.D.

Contact: Jolene Wees at 402-559-9327.

Typically Offered: October.

Capacity: 4.

Visiting Student Information: This course is NOT available to visiting students.

FMED 720 FMLY HLTH CNTR-UNMC 4 Credit Hours

ELECTIVE

This is a clinical experience in the Family Health Center at UNMC. Includes experience in treating adults and children with acute and chronic illnesses. This rotation covers all aspects of Family Medicine in an outpatient setting in addition to exposure to preventive medicine and surgical procedures done in the Family Medicine office and alternative health care systems. Students are also welcome to participate in Family Medicine seminars. Activity-Hours/Week. Rounds-0 during Inpatient Week. Didactic conferences-5. Independent learning-5. Independent patient care-30. NOTE: Addition of inpatient, OB, geriatric, or procedural experience could be arranged on an individual basis.

Instructor: Dr. Douglas Wheatley and staff.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks except July and August.

Capacity: 1. Location: Durham Outpatient Clinic.

Visiting Student Information: Visiting Students are not to contact faculty or clinical departments prior to acceptance through VSAS. Doing so is considered a professional breach and may disqualify the student from being offered a rotation.

FMED 722 HEALTH CENTER/BELLEVUE MEDICAL CENTER 4 Credit Hours
ELECTIVE

A clinical experience at the University satellite clinic located at 36th Street and Highway 370. This rotation covers all aspects of Family Medicine in an outpatient setting in addition to exposure to preventive medicine and surgical procedures done in the Family Medicine office and alternative health care systems. Full-time and volunteer faculty. Activity-Hours/Week. Rounds-0. Didactic conferences-5. Independent learning-5. Independent patient care-30. NOTE: Addition of inpatient, OB, geriatric, or procedural experience could be arranged on an individual basis. Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks except June, July and August.

Capacity: 1. Location: Bellevue Medical Center.

Visiting Student Information: Visiting Students are not to contact faculty or clinical departments prior to acceptance through VSAS. Doing so is considered a professional breach and may disqualify the student from being offered a rotation.

FMED 723 FMLY HLTH CNTR-OAKVIEW 4 Credit Hours

ELECTIVE

An exposure to all aspects of Family Medicine in a private office setting based at the Oakview Medical Associates. This rotation covers all aspects of Family Medicine in an outpatient setting in addition to exposure to preventive medicine and surgical procedures done in the Family Medicine office and alternative health care systems. Located at 2727 South 144th Street, Suite 140, Omaha, Nebraska. NOTE: Addition of inpatient, OB, geriatric, or procedural experience could be arranged on an individual basis. Activity-Hours/Week. Rounds-0. Didactic conferences-5. Independent learning-5. Independent patient care-30.

Instructor: Dr. Douglas Inciarte and Staff.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks except June, July and August.

Capacity: 1. Location: Oakview Medical Associates.

Visiting Student Information: Visiting Students are not to contact faculty or clinical departments prior to acceptance through VSAS. Doing so is considered a professional breach and may disqualify the student from being offered a rotation.

FMED 727 INPT SERVICE-UNMC 4 Credit Hours

ELECTIVE

Students are given externship responsibilities commensurate with experience under the direct supervision of the Family Medicine Chief Resident and inpatient attending physician. The inpatient service admits patients from the three Family Medicine Clinics, from the E.R. or Family Medicine referral patients from outstate Nebraska. Activity-Hours/Week. Rounds-20. Didactic conferences-5. Independent learning-5. Research project-0. Independent patient care-20. NOTE: Addition of inpatient, OB, geriatric, or procedural experience could be arranged on an individual basis.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks except July and August.

Capacity: 1. Location: UNMC.

Visiting Student Information: Visiting Students are not to contact faculty or clinical departments prior to acceptance through VSAS. Doing so is considered a professional breach and may disqualify the student from being offered a rotation.

FMED 730 LINCOLN GEN HOSPITAL 4 Credit Hours

ELECTIVE

The Lincoln Family Medicine Program is a clinical experience, both inpatient and outpatient, for 4th year medical students who want a concentrated experience in Family Medicine. Students are given the opportunity to follow their own schedule of ambulatory patients, round on hospital patients, attend deliveries, and visit specialties while on rotation in Lincoln. This rotation is coordinated through the Department of Family Medicine with the Lincoln Family Medicine Residency Program. Contact Jolene Wees in Family Medicine (402-559-9327) to start the application process. For housing information only, contact Susan Vrbka at the Lincoln Family Medicine Program (402-327-6911). Activity-Hours/Week Rounds-15, Didactic conferences

Typically Offered: FALL/SPR

FMED 732 FAM MED-CLARKSON 4 Credit Hours

ELECTIVE

This is a four-week clinical experience, both inpatient and outpatient, in Family Medicine. This rotation is coordinated through the Department of Family Medicine with the Nebraska Medical Center/Clarkson Regional Health Service Program. The purpose of this rotation is to allow senior students the opportunity to experience the daily practice of clinical community based Family Medicine through care of patients in the inpatient setting under the guidance of Family Medicine residents and faculty. Dr. Dorota Britz is in charge of instruction for the M4 students. Activity-Hours/Week, Rounds

Typically Offered: FALL/SPR

FMED 733 RURAL TRAINING TRACK 4 Credit Hours

ELECTIVE

This is a four-week campus clinical experience, both inpatient and outpatient, in Family Medicine at one of the existing Family Medicine rural training track Family Medicine residency sites. The purpose of this course is to allow senior medical students who are interested in the rural training track residency program to perform a clinical rotation at one of these sites. Questions regarding the elective -Contact Dr. Jeff Harrison at 402-559-8252. Activity-Hours/Week. Rounds-6. Didactic conferences-4. Independent learning-5. Research project-0. Independent patient care-25-30.

Instructor: Dr. Jeff Harrison.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks.

Capacity: 1. Location: Variable.

Visiting Student Information: This course is NOT available to visiting students.

FMED 735 ONE WORLD 4 Credit Hours

ELECTIVE

This is a four week course for senior medical students who have basic conversational ability in Spanish. Students will be vetted by a OneWorld employee via telephone prior to rotation to ensure their Spanish capabilities are adequate to ensure a fulfilling rotation. This elective is a community health center based Family Medicine rotation with greater than 50% of the patients speaking Spanish. Students will interview and examine patients, practicing and improving their Spanish while being supervised by the OneWorld attendings. Grade is based on attendance, enthusiasm, discretion and professionalism with patients and support staff, written notes, and final case report (done in Spanish). OneWorld (Contact Tay Orr at 402-502-8860 or by e-mail at torr@oneworldomaha.org). Activity-Hours/Week. Rounds-1-2. Didactic conferences-2. Independent learning-4. Research project-10. Patient care-20.

Prerequisite: Spanish Proficiency via telephone interview.

Instructor: Dr. Alex Dworak.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks.

Capacity: 1. Location: OneWorld Community Health Center.

Visiting Student Information: This course is NOT available to visiting students.

FMED 737 DOMESTIC VIOLENCE 4 Credit Hours

ELECTIVE

A four-week immersion experience in domestic violence, prevention and treatment using a bio-psychosocial community health model.

Presentations/Topics covered: Survivor Experience, Intimate Partner Violence as a Critical Healthcare Issue, Advocacy Protective Orders, Shelter Services, Impact of DV on Children, Probation Responses for Offenders, Law Enforcement, Military Family Advocacy, Batterer Invention Program - Men, Sexual Assault/DV Forensic Nurse Examinations, Mock Trial, RE-Entry Assistance, Building Healthy Relationships.

Instructor: Dr. Cynthia Hernandez.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Variable.

Capacity: 2.

Visiting Student Information: This course is NOT available to visiting students.

FMED 739 SHARING 4 Credit Hours

ELECTIVE

During the fourth year, the student will participate in a student run clinic for the underserved by assisting the student administrators and by providing patient care. The student will also attend SHARING Board meetings and complete a clinical quality improvement project mutually agreeable to the student and the Board. Methods of Instruction: 1 to 1 clinical precepting and mentoring CQI project Faculty facilitated clinic administration. Independent research and study of CQI project. During the senior year, the student will attend one evening clinic session (3-4 hours) for each of three SHARING clinics during eight four-week elective periods for a minimum of 24 visits during the year; additional visits may be required during some months to compensate for off-campus elective time and when these activities conflict with required activities of other electives, such as night call. In addition, students will attend SHARING Student and Faculty Board Meetings (2-3 hours per month over the noon hour) and complete the quality improvement project (approximately 4-6 hours per month) by the end of March. Responsibilities to the SHARING Clinic throughout the M4 year DO NOT take precedence over the elective for which the student is registered in each of the other months. Students are responsible for arranging their SHARING visits each month after they have received the schedule for their elective that month.

Instructor: Dr. William Hay.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: April.

Capacity: 4.

Visiting Student Information: This course is NOT available to visiting students.

FMED 750 INTERNATIONAL HEALTH 4 Credit Hours

ELECTIVE

The course offers students the opportunity to participate in a health care setting in a foreign country. Students' responsibilities, performed under the supervision of trained medical personnel, may include work in clinics and hospitals; home visits with community health workers, and health education. In addition, the student will also participate in a brief orientation and debriefing on campus. Elective in China (FMED-750) ~ 6 students per month. Questions regarding the China experience ~ Please call Lenal Bottoms at (402-559-3791). This elective is designed to give students experience in practicing in the unique environment of China. This one-month elective is based at the University Hospital of Shanghai Jiao Tong University School of Medicine, a 1,600-bed hospital and the principal teaching hospital of SJTUSM. The focus of this elective is to learn about the differences between the health care systems of the US and China. Students will work alongside Chinese medical students and attending faculty. The city of Shanghai is the "hotspot of modern China", with a population of 17,000,000. There are many sightseeing opportunities available in China, also, including the Great Wall, Xian City, as well as several areas within Shanghai. This experience must be pre-approved and set up through the Asia Pacific Rim Development Program Office. Initial contact person is Lenal Bottoms, 402-559-3791.

Prerequisite: Pre-arranged with Sara Pirtle, International Health and Medical Education (402-559-2924).

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks.

Capacity: 6. Location: Variable.

Visiting Student Information: This course is NOT available to visiting students.

FMED 760 PRIV PRACTICE OFFICE 4 Credit Hours

ELECTIVE

This elective offers a chance to participate in and observe private practice in family physicians' offices in Omaha. An off-campus elective application form must be submitted for this experience. (See Off-Campus Elective Application procedures). Please note: you will need to contact the Family Medicine Department and let them know where you plan to complete this rotation before you begin this rotation.

Prerequisite: Off-Campus Approval form completed.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks.

Capacity: Variable. Location: Omaha area Private Practice offices.

Visiting Student Information: This course is NOT available to visiting students.

FMED 761 OFF CAMPUS ELECTIVE 4 Credit Hours

ELECTIVE

This elective offers a chance to participate in and observe an off-campus elective in an out of state locale of the students' choice. An off-campus elective application form must be submitted for this experience. (See Off-Campus Elective Application procedures). Please note: you will need to contact the Family Medicine Department and let them know where you plan to complete this rotation before you begin this rotation.

Prerequisite: Off-Campus Approval form completed

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075)

Typically Offered: Each four weeks

Capacity: Variable Location: Variable

Visiting Student Information: This course is NOT available to visiting students.

FMED 799 RESEARCH 4 Credit Hours

ELECTIVE

The student may select a project in which he is particularly interested and with the approval of the faculty, may pursue this project intensively for four weeks. Such projects might be concerned with the delivery of health care or with the value of screening procedures. Faculty advice will be given and the research project will be structured.

Prerequisite: Pre-arranged with faculty advisor through Jenenne Geske; 402-559-6758.

Contact: Jolene Wees; jolene.wees@unmc.edu; 402-559-9327; MSB 2520 (Zip 3075).

Typically Offered: Each four weeks.

Capacity: Variable.

Visiting Student Information: This course is NOT available to visiting students.