STUDENT HEALTH SERVICES

Student Health Administration

- Michael A. Sitorius, M.D., Chairperson, Department of Family Medicine
  Waldbaumer Professor, 402-559-7204
- Douglas Wheatley, M.D., Medical Director, Durham Outpatient Clinic
  Family Medicine/Student Health UNMC/UNO, 402-559-7204
- Jessica Kapple, PA-C, Student Healthcare provider, 402-559-7204, Fax 402-559-5550
- TBID, Student Health LPN, 402-559-7204, Fax 402-559-5550
- Elva Medrano-Garcia, Student Health Receptionist, 402-559-7204, Fax 402-559-5550
- Tere Batt, Student Health Program Coordinator, 402-559-5158, Fax 402-559-8118
- Cristin Kohlscheen, Student Health Program Office Associate, 402-559-5691, Fax 402-559-8118
- Priscilla Debro, Office Assistant II, 402-559-8852, Fax 402-559-8118

Policy and Objectives of the UNMC Student Health Service

Student Health Services, operated by the Department of Family Medicine, are available to all UNMC students and their dependents who have paid Fund B. The Director of Student Health reports to the Chairman of the Family Medicine Department. The Directors of Student Health, the Student Health Coordinator and the Student Counseling/Student Senate Advisor along with a member from the Student Senate meet annually to discuss Student Health and any changes that are proposed. The Director of Student Counseling/Student Senate Advisor meets with the full Student Senate and the Executive Committee on a regular basis to get feedback on Student Health Services and the UNMC-sponsored Student Insurance Plan. Issues regarding Student Health policy, clinical services or fees are discussed with the full Student Senate and the Executive Committee prior to implementing any changes. Concerns about clinical services should be brought to the attention of Dr. Douglas Wheatley, Director of Student Health.

Objectives:
- To provide high quality routine healthcare for our students to help them gain the best possible experience while attending UNMC.
- Healthcare workers are at risk for exposure to many serious diseases while working directly with patients or handling material that could spread infection. UNMC Student Health will make available immunizations and annual screenings for Tuberculosis and Influenza vaccinations necessary to assist students in staying compliant with UNMC immunization requirements.

The Student Health Clinic is housed in the Department of Family Medicine on the 3rd floor of the Durham Outpatient Center.

Students covered with United Healthcare Student Resource Insurance should make sure that all referrals necessary for appointments outside the Student Health Clinic are in place BEFORE the appointment with the exception of an Emergency Room visit or ICC visit. Please refer to the Emergency Services information.

Confidentiality

Your medical records are kept in strict confidence. Only with your written release can your records be copied and sent to a third party. Contact your health care provider if you would like to review or discuss your records.

Student Health Clinic

Visit the Student Health website: http://www.unmc.edu/familymed/studenthealth/

- Location: Level 3 of the Durham Outpatient Center (Family Medicine/Student Health)
- Phone: 402-559-7204 (Appointments)
- Refills: Have your pharmacy fax in a refill to 402-559-5550
- Email: StudentHealth@unmc.edu

What is Fund B?

Fund B is a fee all students pay. Some of these funds are used to cover services in the Student Health Clinic. Fund B is not medical insurance. Most of these covered services are only covered in the Student Health Clinic on UNMC Campus. To view coverages click here (https://www.unmc.edu/familymed/studenthealth/fund-b-information).

Fund B is mandated by the Chancellor and is approved by the Board of Regents to support Student Health operations.

<table>
<thead>
<tr>
<th>Service Description</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 or more hours as an undergraduate student</td>
<td>99.75</td>
</tr>
<tr>
<td>4 or more as a graduate student (all PhD candidates are included)</td>
<td>99.75</td>
</tr>
<tr>
<td>Less than 4 hours as an undergraduate student</td>
<td>50.00</td>
</tr>
<tr>
<td>Less than 4 hours as a graduate student (all PhD candidates are included)</td>
<td>50.00</td>
</tr>
<tr>
<td>4 or more hours during Summer Sessions (both undergraduate and graduate students)</td>
<td>50.00</td>
</tr>
<tr>
<td>All Summer Courses</td>
<td>73.00</td>
</tr>
</tbody>
</table>

Fund B services for Student Health begin at 12:01 a.m. on the first day of the month of each semester for which the fee covers. Fund B services cease for UNMC students at 11:59 p.m. on a student’s termination date, graduation date, or the last day of the semester (for continuing students). Fund B DOES cover students after the end of Fall Semester and before the beginning of Spring Semester (and during Spring break) as long as students have not graduated or separated from UNMC prior to this time.

Students NOT ENROLLED in classes during the summer session (June 1 until the first day of classes in the fall), may pay a fee to the Finance Office/Cashier prior to June 1 to utilize the services of the Student Health Clinic.

Scheduling Appointments

- Scheduling Desk (402-559-7204) - any type of appointment may be scheduled by calling the scheduling desk.
- Online – Students who are established patients of the Family Medicine Student Health clinic may use the online system to make appointments.
• UNMC Mobile App - Students who are established patients of the Family Medicine Student Health clinic may use the online system to make appointments.
• Students must present validated PHOTO ID AND PROOF OF INSURANCE AT TIME OF VISIT. Proof of insurance is required as not all in clinic services may be covered by Fund B. Fund B is not insurance, and covers only specific services as described below.

Office Visit Services Covered by Fund B in Student Health Clinic or Designated Nebraska Medicine
• Contraceptive counseling, Health education (Cost of all forms of contraception excluded)
• Comprehensive confidential counseling services (academic, career, interpersonal, couples and psychological counseling) are provided free-of-charge in the Counseling and Student Development Center (Bennett Hall 6001, phone: 402-559-7276). With a required referral from the Counseling Center, students may see a designated consulting psychiatrist in the UNMC Department of Psychiatry for up to 8 visits per year with $20 co-pay per visit.
• Annual Routine Eye exam - Corrective lenses and associated fitting fees are excluded. Preformed at the Stanley M. Truhlsen Eye Institute, 3902 Leavenworth Street, Omaha, NE 68105. Phone 402-559-2020.
• Physical Therapy, Occupational Therapy and Pain Management (8 visits per injury with referral)
• Treatment of minor trauma and disease

In Clinic Lab:
• Glucose Finger Stick
• Hemoglobin
• Hemocult
• KOH Skin Scraping (CPT 87220 only)
• Urinalysis
• Urine Pregnancy Test
• Rapid Strep Test Swab

In Clinic Testing/Treatment:
• Ear Irrigation
• Oximetry
• Inhalation Treatment
• Peak Flow
• Spirometry
• Tympanogram
• Skin Lesion removal not requiring pathology

Office Visit Services Available, But Not Covered by Fund B in Student Health Clinic Include
• Procedures (mole removal, toenail wedging/removal, colposcopy, endometrial biopsy, I&D of abscess, Injection tendon/ligament)
• Eating disorders
• Infertility or human genetics
• Minor procedures

Healthcare Services Not Provided by Student Health and Not Covered by Fund B
• Dentistry
• Prescription drugs are not covered by Fund B but may be covered by your insurance policy
• Allergy testing/extracts,
• Pulmonary function testing
• Cosmetic treatment (Including Acne)/Surgery
• Emergency Services/ICC visits.
• Contact Student Health via email, studenthealth@unmc.edu or call 402-559-5158 within 48 hours for a referral.
• Hospitalization/Inpatient care
• Oncological treatment
• Ancillary or Diagnostic testing: Charges for ancillary or diagnostic testing will be submitted to the student’s Major Medical insurance carrier.
• Rehabilitation, prosthetics, orthotics, braces, crutches.
• Sleep studies, vascular studies, bone age studies
• Complete EKG

Emergency Services
Students who become acutely ill or injured and require urgent care, may use the UNMC Emergency Department. Follow-up care must be in the Student Health Clinic, For appointment - 402-559-7204. Notify Student Health at StudentHealth@unmc.edu or by calling 402-559-5158 for referral within 48 hours of dismissal from Emergency Services/ICC visits. Check your insurance policy for deductible information.

• Fund B will cover co-pays for eligible students at the Immediate Care Clinic with a referral.
  • Approved Immediate Care Clinic:
    • Nebraska Medicine – Midtown Clinic
    • 139 S 40th St, Omaha, NE 68131
    • Phone: 402-595-3939
    • Immediate Care: 402-559-7800
    • Fax: 402-595-3898
  • Hours of operation (to be used outside of Student Health Clinic hours):
    • Weekdays: 6:00 PM to 10:00 PM
    • Weekends: 10:00 AM to 8:00 PM
    • Holiday: 11:00 AM to 4:00 PM

Notify Student Health at StudentHealth@unmc.edu or by calling 402-559-5158 for referral within 48 hours of dismissal from Emergency Services/ICC visits.

Questions regarding Student Health Fund B may be directed to StudentHealth@unmc.edu or by calling 402-559-5158 or 402-559-5691.

Students must present validated PHOTO ID AND PROOF OF INSURANCE AT TIME OF VISIT. Proof of insurance is required as not all needed services may be covered by Fund B. Fund B is not insurance, and covers only specific services as described below.

Hospitalization (Inpatient) Coverage
Fund B does not provide coverage for hospitalization. UNMC Center requires full-time students to have inpatient hospitalization health insurance. Students may purchase the University endorsed student health insurance plan through United Healthcare Student Recourses or purchase a private plan through an independent agency that is equivocal to the University endorsed student health insurance plan.

Illness or Injury Away from the UNMC Campus
Students outside a 50 mile radius for academic purposes requiring urgent/emergent care may be seen at an area outpatient facility.
Students with United Health Care Student Resources should contact Student Health at 402-559-5158 within 48 hours of the incident to obtain a referral.

Services will need to be billed to your major medical insurance (UNMC Student Health Insurance or other personal insurance). Coverage by the student’s insurance policy may involve a deductible, applicable co-insurance and/or policy provisions/limitations. If you are covered under the Student Health Insurance, you may go to [https://www.uhcsr.com/](https://www.uhcsr.com/)

and 1) locate an In-network Provider; 2) review ER benefits in the Student Health Insurance Plan booklet; and 3) file a claim online. You may also contact Cindi Pickinpaugh at 1-(800) 351-4262 or by email at unebraskaadvocates@uhcsr.com.

**Dental Services**

Dental services are not covered under Student Health Fund B. Check your coverage under the United Healthcare Student Recourses Insurance Plan. The College of Dentistry Clinics in Lincoln offers general dental services and specialty services in endodontics, oral surgery, orthodontics, pedodontics and periodontics. The College of Dentistry Clinic in the University of Nebraska Outpatient Care Center in Omaha offers services in general dentistry, pedodontics and oral and maxillofacial surgery. These services are available to the general public on an appointment basis.

**Your Rights and Responsibilities as a Patient**

Student Health staff strongly believe that each person is entitled to certain rights as a patient. Additionally, each patient has certain responsibilities. Together, these ensure that each individual receives the appropriate medical care and personal services he/she deserves. The following Patient Bill of Rights and Responsibilities was established.

Each patient has the right to:

- Access to care and treatment regardless of race, creed, sex, national origin or religion.
- Consideration and respect for personal dignity and privacy.
- Expect that the diagnosis, prognosis and methods of treatment be explained clearly and in terms you can understand, including the risks and possible side effects.
- Be informed about the Health Center regulations, policies and rules governing the conduct as a patient.
- Know what alternatives exist for your care and treatment.
- Know if your treatment involves experimental, educational or research methods, and maintain the right to refuse treatment to the extent permitted by law.

Each patient has the responsibility to:

- Provide, to the best of his/her knowledge, accurate information relating to health matters.
- Follow the treatment plan recommended by his/her primary health care provider.
- Accept personal responsibility if he/she refuses treatment.
- Know and abide by Student Health rules, regulations and policies.
- Respect the rights of other patients, hospital personnel and others he/she may come in contact with.